



Guilden Sutton Community Association

# marigold

Winter 2023/4

## Things are happening!

We are delighted to share news about the latest developments and enhancements taking place at our Village Hall! The dedicated team of trustees and helpers have been hard at work introducing a host of new activities and improvements to make our hall an even more vibrant and welcoming hub for us all.

This month, the Hall was packed out with the much anticipated return of the annual quiz. The winning team (bottom picture), was BBJ, from the Orchard Croft area. The prize for the team judged to have the best name went to 'Simple Minds'. It was a great evening and likely to be repeated.

The next BIG event is the Big Switch-on of the Christmas lights Sat 2 Dec 6pm in the Village Hall car park. Father Christmas will be there!



# **Guilden Sutton Community Association**

... Continued from page 1

Two new musical activities have started recently; one on Tuesday evenings for those wanting to pick up a ukulele and play it - no experience necessary; the other, Guilden Sutton sings, early on Wednesday afternoons.

In keeping with the need for music in our lives, Nina, who runs the youth dance classes on Fridays and Saturdays, has introduced a dance class for adults on Monday evenings. You might also be interested in the little known Circle Dancing group who have been using the hall for many years (see p10).

On the refurbishment side, the aim is to make the village hall a more comfortable and welcoming place to visit. This will include improvements to the committee room, which will be renamed the community room, where it is hoped one day to have a regular get-together with refreshments.

The old wall heaters have been replaced and skylights renewed while the foyer area is being refurbished and ultimately attention will turn to the toilet areas.

Some of you may have noticed that the roof leaks occasionally! A survey carried out early in 2020 indicated that it should be replaced within five years. This hopefully will be carried out in the coming 12 months and include improvements to the insulation and acoustics in the various areas.

The Hall is available for anybody to hire and is popular for children's parties as it is one of the few halls able to accommodate a bouncy castle.

We're always looking for willing volunteers to help in all aspects of running and refurbishing the Hall. Please get in touch if you think you might like to become involved in any way or even set up your own activity.

## **Join the Community Association**

As a resident of Guilden Sutton, you are entitled to become a member of the Community Association.

Membership has its advantages including discounts on hall hire, updates on events via email and voting at Community Association AGMs.

Join instantly using the on-line joining form on the GS website

**Guilden Sutton website:**

**<https://www.guildensutton.org.uk>**

## Diary of events

### November

Christmas shopping extravaganza - see p16	Thurs 30	18:00 - 20:00	GS Primary School
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### December

Christmas Lights switch-on	Sat 2	18:00 - 19:30	Village Hall
Parish Council meeting	Wed 6	19:30 - 21:30	Village Hall
Christmas shopping evening - see p16	Sat 9	19:00 - 21:00	Church Hall
Christmas Eve parade	Sun 24	(see p12)	Church Lane
Christmas Day service	Sat 25	(see p12)	St John's

### January

Parish Council meeting	Wed 10	19:30 - 21:30	Village Hall
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### February

Parish Council forum	Wed 7	19:00 - 19:30	Village Hall
Parish Council meeting	Wed 7	19:30 - 21:30	Village Hall

### March

Parish Council - communications forum	Wed 6	19:00 - 19:30	Village Hall
Parish Council meeting	Wed 6	19:30 - 21:30	Village Hall
Easter celebrations		See p13	

## The Big Switch-on

We would like to invite you to the Big Switch-on of the lights on our village Christmas Tree on Saturday 2nd December 6:00-7:30 outside and inside the Village Hall.

Father Christmas will be making an appearance and we will also have Carol Singing, Mulled Wine, Refreshments, Mince Pies and Fireworks.

Raffle tickets, £1 each, are available from Christine in the Post Office and the prize is the honour of carrying out the big switch-on



## Christmas events at St John's and St Peter's

Tots and Toast with the Christmas Story - Tues 5 Dec, 10.15, St John's Church Hall



Candlelit Carols – Wed 20 Dec, 19.30, St John's Church

Messy Christingle – Sun 17 Dec, 10.30, Mickle Trafford Village Hall

Journey to Bethlehem (a moving nativity story with a donkey) – Sun 24 Dec, 16.00, meet on the Parish council Car Park on Church Lane

Midnight Service – Sun 24 Dec, 23.15, St John's Church

Christmas Day All Age Celebration – Mon 25 Dec, 10.30, St John's Church

## Tumble Tots

Designed to develop children's physical skills of agility, balance, co-ordination and climbing, the programme is structured to develop children's positive personality traits including confidence and self-esteem.

Mondays in the Village Hall

Call Paul Johnson on 07873 114596  
or visit [www.tumbletots.com](http://www.tumbletots.com)



## Stardust drama

Drama classes for children aged 5-12 run on Friday afternoons. 5-8 year olds at 3:45pm, 8-12 year olds at 4:55pm.

Fun-filled classes with drama games, improvisations, script reading, character work and performances helping inspire confidence, creativity and teamwork in children. Run by professional actress Stephanie Pinder

The first class is **free** for new young actors

[www.stardustdrama.co.uk](http://www.stardustdrama.co.uk)

Email: [stephchambers99@aol.com](mailto:stephchambers99@aol.com) Mob: 07739 104147



## Parent and Toddler group

The Parent and Toddler Group meets term time only, every Tuesday morning between 10.30 and 12.00 in the Village Hall. We charge £2 per family.

Parents, grandparents and childminders are all welcome to join our friendly group. We currently have children ranging from a few months old to preschoolers, everyone is welcome!

We have a wide selection of toys and play equipment. Our ride-on toys are always very popular with the older children. The babies enjoy socialising on the play mats and are able to explore new toys in a safe environment. Painting, play dough and other craft activities are carried out each week, sometimes themed on seasonal or festive events that take place throughout the year. Children enjoy a healthy snack and drink and grown-ups have a drink and a biscuit too.

**Please come along on Tuesdays or email Emily for more information** [emilyjagalvin@hotmail.com](mailto:emilyjagalvin@hotmail.com)

**HELP WANTED** - the group is looking for help with its organisation. If you feel you could offer assistance, please email Emily or just drop in on a Tuesday to find out more.

Further information, photos and what we get up to can be found on our Facebook page by searching 'Guilden Sutton Parent & Toddler Group'.

## Guilden Sutton Preschool

Guilden Sutton Preschool is a small, friendly and nurturing Preschool in the heart of Guilden Sutton. We pride ourselves on our child-led approach and our close links with the community.

Our Facebook page is a great way to see all of the wonderful activities we get up to!

Alternatively, email [managersps@gmail.com](mailto:managersps@gmail.com) or call 07717 942843 to arrange a visit. We are open Monday-Friday from 9am - 3pm during term times. We have spaces available for the spring term.

We have recently appointed two new co-chairs; Richard Dixon and his wife Lizzy Dixon, who are looking forward to working with Preschool and the rest of the committee.

The Preschool has maintained its Ofsted rating of 'Good'



## **1st Guilden Sutton Scout Group**

Meeting and activities at the Village Hall

**Beavers (6-8yrs)** Mondays 17:45 - 18:45

**Cubs (8-10.5yrs)** Mondays 18:30 - 20:00

**Scouts (10.5-14yrs)** Fridays: 19:30 - 21:00

For more info please email Judith Lathaen at:  
1stguildensutton@chesterscouts.org.uk



### **Yoga - friendly classes , open to all**

Yoga classes take place at the Village Hall on Tuesday evenings 6.30 until 7.45pm and, due to fewer attendees, via Zoom on Thursday mornings from 9.15 to 10.30am (an increase in numbers is needed to see live classes return to the Hall on Thursdays).

Regular yoga practice improves energy levels, posture, flexibility, strength, agility, endurance and balance; giving you a greater ability to move. It is an anti-ageing tool.

Yoga works on the inside as well as the outside, strengthening and cleansing the cardiovascular and digestive system, fortifying the immune system, refreshing and stimulating every organ and gland, balancing the nervous system and stilling the chattering mind – so powerful in both mental and physical health.

For more information please call or text Aly 07801 575773  
email alygwatkin@outlook.com or visit [www.yogaly.co.uk](http://www.yogaly.co.uk)

## **Exercise and Nutrition**

### **HEALTHY ACTIVE LIFESTYLE (H.A.L.) CLUB**

If you are looking to become a bit more active and meet some new friends, then come along to HAL this Winter.

We meet every Thursday morning in the Village Hall (9.15 – 10.30am). New members of all ages are always welcome. Our weekly workout is complemented by a lively discussion on healthy eating & lifestyle topics. We are a very friendly bunch and everyone really enjoys our weekly get togethers.

All fitness levels are catered for, with a range of high and low impact activities. The sessions are pay as you go, so you can try a session without a long-term commitment. It's just £7 per session, including refreshments. So why not come along and join us?

For more information please contact Su Baird on 07771 951427  
or [su.baird@btopenworld.com](mailto:su.baird@btopenworld.com)

Looking for something outdoors? Then contact Su about Fit Club Chester's outdoor workouts in Hoole on Wednesday evening / Saturday morning

## **Pilates - St John's Church Hall**

Increase strength. Improve your balance

Classic floor mat classes - every Wednesday:

Level One 7pm    Level 2 8pm

For more information ring or text Clare on 07917 116576

Email: cefarrall@mac.com

## **Talkabout**

Our Autumn programme got off to a super, mouth watering start with a talk and demonstration on chocolate by Sachita Bareja. It was really interesting, particularly as the weather was unseasonably boiling hot, which is not helpful when dealing with chocolate! The evening was a delight even though we were not able to buy as much as we'd hoped!

In October a dozen of us braved a 'Ghost tour' round Chester. It was really good and our guide was extremely knowledgeable about the presence of ghosts and hauntings around the city. It was a bit spooky when we spotted a light on in the long abandoned and locked up old building by the amphitheatre! No explanation as apparently it sometimes appears but not always! AAGH!! We were lucky with the weather too as it had been raining earlier. Our thanks to our guide, David.

As Christmas seems to arrive before we know it, it's time to check the Christmas party date is in your diary! Thursday December 14th with further details to follow nearer the time.

Our programme for 2024 is:

Wednesday January 10th a games evening to be held at 24 Cinder Lane.

Wednesday February 7th our annual dinner at The Bird - table is booked for 7pm.

Wednesday March 13th Talk by Jean Finney on 'The adventures of a Cruise Line speaker'. Venue 40 Cinder Lane.

Unfortunately that will be our last formally arranged meeting as, after almost 20 years Talkabout will cease in its present form, however we do hope to meet for trips, meals and walks on a more ad hoc basis.

For details of times please contact committee members.

All these events are only possible because of our hardworking committee members so can I thank you all on behalf of all members.

If you wish to find out more, please contact Janet -301362 or Joan - 07768 093624

## Mobile Library Service

The easy-access library bus will be visiting the village on **MONDAYS**

18 December 2023      8 January 2024

29 January 2024      19 February 2024

Moorcroft Crescent 10:20-10:35. Village Hall car park 10:50-12:20

A wide range of books is on offer including fact, fiction, reference and children's books, new publications, large print and talking books, an excellent Information Service and for £1, you can reserve a book. Nip on board and join.

## French classes with Corinne St John's Church Hall, Church Lane

Fun, friendly and relaxed conversation classes

Morning classes 10-12pm. Afternoon 1-3pm

French level 2, beginners plus, Tuesday afternoon

French level 3, intermediate, Monday morning

French level 5, advanced, Tuesday morning

For further information, please contact Corinne:  
[csdloison@outlook.com](mailto:csdloison@outlook.com)



## Badminton Club

The Badminton Club plays from September until the end of April in the Village Hall.

Monday evening from 8.00pm - 10.00pm

Tuesday evening from 8.00pm - 9.00pm (or later depending on number of players)

If you have played some badminton before, or you would just like to give it a try, you will be made very welcome.

For information, please contact Peter Evans on 300890.



## Ladies Badminton

Ladies badminton Village Hall Tuesday 09:15 - 10:15

The club is currently running at capacity but if you would like further information please contact Siân Hancock Email: [sian-hancock@live.co.uk](mailto:sian-hancock@live.co.uk)



## **Guilden Sutton Old School House Trust**

Registered Charity No. 1066844

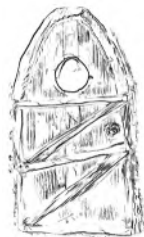
The Trust was set up by the Diocese of Chester, following the sale of the Old School House, to support, financially, the personal development of current or former pupils of Guilden Sutton Primary School. It makes grants, typically in the range £100 to £500, to support the purchase of: equipment such as musical instruments or sports equipment; gap year, uniformed group or other projects; education expenses such as books, travel etc. Applicants should be under 25 years old.

Applications should be submitted by 30 April for consideration in May or by 31 October for consideration in November each year. Application forms/more information are available on the Guilden Sutton website or from Peter Reid (Email: pgeddesr@gmail.com; Tel. 01244 300985).

### **Wildflower area**

The area is in the process of development and waiting for the completion of the lease from CWaC before further work is carried out. Meanwhile, bulbs have been planted ready for next year and come the spring, we should see the establishment of wildflower and herbal beds in the area.

Meanwhile, this mysterious door has appeared in one of the trees. It is believed to be a Fairy Door for the little folks to come out and play when no one's looking.



### **Help wanted for the website**

The website [www.guildensutton.org](http://www.guildensutton.org) is operated for the benefit of all the people and organisations in Guilden Sutton. It provides information in conjunction with the Facebook page and is generously financed by, but independent of the Parish Council.

Both are run by volunteers and are updated regularly. If anyone is interested in becoming involved in their production, please get in touch using the contact form on the website.

As well as containing info on clubs, societies and events in Guilden Sutton, the website also has several pages which would benefit from updating, particularly the history of Guilden Sutton and maybe the environmental section. Web and creative experience will be welcome but is not necessary, just the interest in researching and producing copy for publishing on the site.

If you think you might be able to help with its production please get in touch via the website contact form at the bottom of each webpage.

## Circle dancing

Dancing connects you with others, lifts your mood and develops co-ordination and memory. It feeds your mind, body and soul.

Holding hands and dancing with others in a circle pattern is a very old tradition in countries like Greece, particularly on occasions such as weddings, where everyone is included and you don't need a partner.

In our Wednesday afternoon circle dance group (Village Hall, 2.30 - 4pm), we do, in the main, fairly gentle community dances, with repeated step patterns to beautiful world music. Some of the rhythms are quite unusual and keep us on our toes! We embrace a wide variety of dances and cultures, and express many moods. We always end the session with more meditative dances, which bring a feeling of peace. We always have a lot of fun along the way.



We are an established and friendly group, and will offer you a warm, open welcome.

If you would like try us, please contact Dee and Nawal on 01244 679100, or email [nawal.dee@gmail.com](mailto:nawal.dee@gmail.com)

## Cestrian Art group

Cestrian Art Group meets in St John's Church Hall in Church Lane every Wednesday 10.30am till 3-30pm during term time.

Members' abilities range from absolute beginners to experienced artists who work together in a relaxed and informal atmosphere. We work individually on our own projects using pastel, acrylic, watercolour or pencil.

Members usually take packed lunches, and teas and coffees are available throughout the day. Why not drop in on a Wednesday to see what we are doing.

Contact Chris Morley Tel: 01244 300952 E: [christine@gaseq.co.uk](mailto:christine@gaseq.co.uk)



## Play Ukulele - NEW

At the time of going to print, this is a new community group, about to hold our first session on 21st November. - watch this Space! We will be meeting up on Tuesday evenings, 8pm to 9pm at the Village Hall.



The group is for anyone who wants to play, or start playing, the ukulele. Even if you've never learned a musical instrument before, if you'd like to give it a go just get in touch, or drop in on a Tuesday evening.

For more information, or if you have any questions please email GSCA ([community@guildensutton.org.uk](mailto:community@guildensutton.org.uk)), or telephone Sarah on 07985 455824

## Guilden Sutton Sings! - NEW

Wednesdays 1.15 to 2.45pm at the village hall.

We are a friendly and informal singing group, with a focus on singing for fun and wellbeing. All voices are welcome - young, old, beginner or experienced - so if you would like to sing, learn new songs, and meet new people, why not come along one week and try it out? Sessions are £5 per week, including refreshments and there's no long term commitment - just turn up and sing.

This was the feedback from one of our group after their first session...

*'I had a great time learning to sing when I thought I was tone deaf. Come along next week - you might surprise yourself! I am going back'*

For more information contact Sarah by email: [sarahjessopmusic@runbox.com](mailto:sarahjessopmusic@runbox.com) or telephone: 07985 455824



## Nina Gaskill School of Dance

FUN, CREATIVE AND INCLUSIVE DANCE CLASSES

Children's RAD Ballet, ISTD Modern, Jazz and Tap.  
Fridays and Saturdays in the Village Hall

Adults class Mondays 19:00 - 20:00 **NEW CLASS**

Qualified, Registered Teacher, Nina Gaskill RAD dip, DDE, AISTD  
Contact Nina for information [nina\\_dance@btinternet.com](mailto:nina_dance@btinternet.com)  
Facebook: NinaGaskillDance

## Green Space and Hooks Wood

Hooks Wood, our community woodland, is open to everyone for walking, enjoying nature, exploring and playing.

The trees have now grown taller than the people in the wood and the time has come to develop the area with website guides to the trees you will find there.

It's a lovely peaceful place to spend time and there's always something new to see.



Visit via the Green Lane bridleway or from School Lane.

**See: [www.gsgreenspace.org.uk](http://www.gsgreenspace.org.uk)**

## The Woolly Bunch

Enjoy knitting or crotchet or want to learn? The Woolly Bunch meet on the first and third Thursdays of most months from 10.15 - 12 noon. All ages and abilities very welcome. Tea and coffee and a chat as well as help for those who are just starting out!

Future dates: 7 December, 4 & 18 January, 1 & 15 February, 7 & 21 March.

The group meets in St John's Church Hall, Church Lane, CH3 7EW.

Please contact Suzanne Cromwell 07906 157755 for more details.



## Cafe at St John's Church Hall

St John's 'Café in the Church Hall' is open from 10am to midday on the second and fourth Thursdays of most months. We serve a variety of beverages, home baked cakes, toasted tea cakes etc in the warm and light-filled environment of the church hall in Church Lane.

We are a registered 'Warm Space.' There is a play area for children. Our prices are very reasonable with all drink refills free – we are 'Costa Not-a-Lot.' It's a great place to meet up for a chat. If you've not been before – give us a try!

December	14	February	8	22
January	11	March	14	28



# St John's Church, Guilden Sutton

www.guildensutton-plemstalchurch



Please ring Heather for an informal chat or for more information.

Sunday services are shared with St Peter's, Plemstall. Sunday services in St John's Church are 10.30am service with Holy Communion on the 4th Sunday of the month and 7pm reflective and informal communion service on the 3rd Sunday of the month.



## Messy Church

*Free breakfast, children's activities, toddler and baby area and a short celebration time together in the school hall. Meet: 10:30*

Guilden Sutton School  
21 Jan, 17 Mar

Mickle Trafford Village Hall  
17 Dec, 18 Feb



## Cafe Church and Cafe Kids

*Coffee, croissants, time to chat and games for children. A short, informal service often with video clips - Children can go out for a session in the Marigold room next door with Cafe Kids or stay in the main hall as preferred. Meet: 10:00 for 10:30*

Guilden Sutton Village Hall  
3 Dec  
7 Jan  
4 Feb  
3 March



## Housegroups

*Meet in groups of 6-8 people where you can deepen friendships, laugh and explore living out faith in the everyday*

Contact Heather on the number below

## Easter Services

St John's	Palm Sunday	24 March 10:30
St Peter's	Maundy Thursday	28 March 19:30
St John's	Good Friday	29 March 10:30
St John's	Easter Sunday, Gathering at the Cross	31 March 07:30
St Peter's	Easter Sunday Celebration	31 March 10:30

For more information contact **Heather Carty** on **07484 515812**.  
Email: [rector@guildensutton-plemstal.church](mailto:rector@guildensutton-plemstal.church)

## **Holding a party or an event?**

Book the Village Hall. The hall and its rooms are available for private bookings. You can view the scheduled activities and see what rooms in the Hall are available at:

[www.guildensutton.org.uk/Village\\_hall\\_booking.html](http://www.guildensutton.org.uk/Village_hall_booking.html)

Booking information is on that page but you can also speak to Stephanie, the booking secretary, on 07739 104147

## **Guilden Sutton Community Association**

Charity no: 1201751

Chair: Robin Norrie

Treasurer: Sarah Connolly

Secretary: Matthew Peacock (Email: [matthew@guildensutton.org.uk](mailto:matthew@guildensutton.org.uk))

Trustees: Sarah Connolly, Vivian Downing, Peter Evans, Alice Hey, Derek Hughes, Sarah Jessop, Phil Lathaen, Brian Lewin, Robin Norrie, Matthew Peacock, Andy Winstanley

## **Parish Council**

Derek Hughes, (Chair), [derek.hughes@guildensutton.org.uk](mailto:derek.hughes@guildensutton.org.uk)

Members: Sue Ringstead (Vice chair), Alan Davis, Mel Littlewood, Trisha Paterson, David Walters, Rachael Whelan.

Clerk: Michael Roberts,

Tel: 07783 012582, Email: [clerk@guildensuttonpc.co.uk](mailto:clerk@guildensuttonpc.co.uk)

Parish Council meetings:

6 December, 10 January, 7 February, 6 March, 3 April  
7.30pm Village Hall

If you would like to speak to a councillor, please contact the Parish Clerk in the first instance. Two Councillors will be available at a surgery outside the Post Office 10:00 - 10:30 on the Saturday preceding each Council meeting. There is public speaking time at the start of each council meeting where members of the public may address the council.

**Parish Council website: [guildensuttonpc.co.uk](http://guildensuttonpc.co.uk)**

## **Cheshire West and Chester Council**

Councillors covering the Guilden Sutton area (Goway Rural ward)

Margaret Parker Email: [margaret.parker@cheshirewestandchester.gov.uk](mailto:margaret.parker@cheshirewestandchester.gov.uk)

Graham Heatley Email: [graham.heatley@cheshirewestandchester.gov.uk](mailto:graham.heatley@cheshirewestandchester.gov.uk)

## Regular events at the Village

Events take place at the Village Hall unless stated otherwise

<b>Mondays - Fridays</b>			<b>Page</b>
Pre-school	9:00 - 15:00		5
<b>Mondays</b>			
Tumble Tots	9:30 - 13:00		4
French Classes	10:00 - 12:00	Church Hall	8
Beavers	17:45 - 18:45		6
Cubs	18:30 - 20:00		6
Nina Gaskill Dance	19:00 - 20:00	Adults class	11
<b>Tuesdays</b>			
Ladies Badminton	9:15 - 10:15		8
Parents and Toddlers	10:30 - 12:00		5
French Classes	10am and 1pm	Church Hall	8
Yoga	18:30 - 19:45		6
GS Badminton Club	20:00 - 21:00		8
Ukulele group	20:00 - 21:00		11
<b>Wednesdays</b>			
Cestrian Art Group	10:30 - 15:30	Church Hall	10
Guilden Sutton Sings	13:00 - 15:00		11
Circle Dancing	14:30 - 16:00		10
Pilates	19:00 - 21:00	Church Hall	7
<b>Thursdays</b>			
HAL	9:15 - 10:30		6
<b>Fridays</b>			
Yoga	9:00 - 10:15		6
Stardust drama	15:45 - 17:45		4
Nina Gaskill Dance	16:30 - 18:30		11
Scouts	19:30 - 21:00		6
<b>Saturdays</b>			
Nina Gaskill Dance	9:00 - 17:00		11

**<https://www.guildensutton.org.uk>**

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Guilden Sutton, CH3 7EY

## Two Christmas shopping invitations!



Christmas Shopping Extravaganza

Christmas is coming and we have all your shopping needs covered. Join us for mulled wine and fizz and the chance to shop an amazing array of local producers and retailers.

Thursday 30th November, 6-8pm  
Free entry

Guilden Sutton Primary School  
Arrowcroft Road



Christmas Shopping Evening

SATURDAY 9TH DECEMBER 2023, 7-9PM  
ST JOHN'S CHURCH HALL  
CHURCH LANE, GULDEN SUTTON

Fantastic gifts for all the family  
Hot and cold drinks  
Mince pies and cakes  
Raffle!

SOME STALLS WILL TAKE CARD PAYMENTS  
BUT PLEASE BRING CASH FOR  
REFRESHMENTS, RAFFLE ETC

SUPPORTING  
**PROSTATE  
CANCER UK**

Kelpie Welfare UK  